



Tomato Trot

**Sat. August 22
10:30 AM**

Red Fire Farm, Granby, MA



**At: Red Fire Farm, 7 Carver St.,
Granby, MA (visit
redfirefarm.com for
directions)**

Entry Fee: \$15 pre-registration, or \$18 on the day of the race

Course: A 5k cross-country run through the farm's pastures and fields. Walkers are also welcome!

Prizes: There will be baskets of fresh produce for top finishers and raffle winners. Organic Red Fire Farm Tomato Trot T-shirts are free for all entrants.



9th Annual Tomato Festival



Celebrate the beauty and bounty of the season after the race! *TASTE over 100 varieties of our organic tomatoes *LISTEN to live music *LEARN great new ways to eat well and eat local from professional chefs and food preservers during their cooking demos *ENJOY the fun with Pick Your Own Tomatoes, Food Vendors, Local Artisans, Kids Activities and more! Join us from 12:00-5:00 pm. Admission is free for race participants and our CSA members. \$5 cost for everyone else. For more information go to www.redfirefarm.com or call (413) 467-SOIL

Please mail this form to: Red Fire Farm, 7 Carver St, Granby, MA, 01033. Make checks payable to Red Fire Farm.

Name:

Email:

Age:

T-Shirt Size:

Sex:

Mailing Address:

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against The Red Fire Farm Tomato Trot, its Primary Sponsor and its affiliates, their agents, employees, officers, directors, successors and assigns, the Event Management Company, Inc., the City, the Park District, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in the Red Fire Farm Tomato Trot and any pre- and post-event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.

Signature

Date